

BREIFINI PERKINS BSc (Hons) OT

Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

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|-----------------------------------|-------------------------------|
| ⚙ Litigation Trained | ⚙ Life Limiting Conditions |
| ⚙ Brain Injury | ⚙ Poly Trauma |
| ⚙ Adults, Children & Young People | ⚙ Managing Care Teams |
| ⚙ Complex Conditions | ⚙ Learning Disability |
| ⚙ Behavioural Management | ⚙ Neurological Rehabilitation |
| ⚙ Psychological Conditions | ⚙ Orthopaedic Injury |
| ⚙ Cerebral Palsy | ⚙ ADHD |
| ⚙ Autism | ⚙ Complex Manual Handling |
| ⚙ Complex Manual Handling | ⚙ Pain & Postural Management |
| ⚙ Mental Health | ⚙ Spinal Injury |
| ⚙ CRPS/Chronic pain | |
| ⚙ Palliative Care | |

BREIFINI SAYS:

“Being able to listen to individual needs and providing a point of contact are important qualities for effective communication. WCM, values attentive client care and aims to create an environment where people feel comfortable engaging and interacting.”

BIOGRAPHY

Breifini is an HCPC Registered Occupational Therapist and experienced case manager with a diverse background in working with individuals of all ages in settled and unsettled cases involving complex disabilities. She obtained her occupational therapy qualification in 2005 and has since focused on neurological rehabilitation, specifically in the areas of traumatic brain injury and polytrauma. Her expertise extends to working with teenagers and young adults with conditions such as cerebral palsy, muscular dystrophy, learning disabilities, and challenging behaviours.

One of Breifini's areas of expertise is the Mental Capacity Act, which enables her to navigate legal and ethical considerations when making decisions on behalf of individuals who may lack capacity. She is skilled in prescribing specialised seating and manual handling equipment, as well as managing care packages to ensure individuals receive appropriate support.

Collaboration is a key aspect of Breifini's approach, and she actively works with multi-agency teams to achieve holistic outcomes for her clients. She is adept at facilitating access to education, technology, and community participation, recognising the importance of these factors in enhancing individuals' quality of life.

Breifini's ability to build rapport with clients and their families is commendable, even in challenging circumstances. She is particularly skilled at engaging with clients who may be difficult to reach or have mental health difficulties. Her recommendations and interventions are always justified using a goal-oriented approach, ensuring that the chosen strategies align with the desired outcomes for her clients.