

ETOILE ROBERTS BSc (Hons) OT

Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

- ⚙️ Litigation Trained
- ⚙️ Adults
- ⚙️ Orthopaedic Injury
- ⚙️ Poly Trauma
- ⚙️ Behavioural Management
- ⚙️ Mental Health
- ⚙️ Psychological Conditions
- ⚙️ Housing Assessments and Adaptations

ETOILE SAYS:

“My approach to rehabilitation involves a client-centred methodology, prioritising transparency and good communication to achieve optimal outcomes.”

BIOGRAPHY

Etoile is an HCPC-registered Occupational Therapist and Case Manager with over 15 years of clinical experience, specialising in multi-trauma rehabilitation, orthopaedic injuries, and case management. Her expertise in complex rehabilitation enables her to provide highly effective, client-centred support for individuals recovering from significant injuries and chronic conditions.

Etoile has experience of managing a high-risk, complex caseload and facilitated seamless transitions for patients with specialised rehabilitation needs.

Etoile expanded her expertise in Activities of Daily Living (ADL) assessments, Independent Living evaluations, and Return to Work Programmes, working with individuals facing physical, cognitive, and psychological barriers to recovery. This experience further strengthened her ability to support clients in regaining functional independence following trauma, spinal cord injuries, amputations, and other musculoskeletal conditions.

As a Case Manager, Etoile excels in coordinating multi-disciplinary rehabilitation, ensuring comprehensive care for individuals recovering from trauma. She works closely with medical professionals, physiotherapists, occupational therapists, and vocational rehabilitation specialists to develop personalised, goal-driven rehabilitation plans. Her approach ensures she can address not just physical recovery but also psychological resilience, lifestyle adjustments, and long-term wellbeing.

Etoile is dedicated to advocating for her clients, ensuring they receive the highest standard of care while maintaining transparency and engagement with all stakeholders. Her ability to build strong therapeutic relationships, coupled with her ability to build and maintain relationships with her clients whilst being professional and innovative, makes her an excellent asset in her field

