



BROWNBILL
CASE MANAGEMENT SERVICES

SAI PREMKUMAR CASE MANAGER

AGES COVERED

10 years plus

LANGUAGES

Sai is fluent in Tamil and can also speak Hindi, Telugu, Malayalam and Kanada.

QUALIFICATIONS

BSc Physiotherapy

LOCATIONS

Located in Northamptonshire

MEMBERSHIPS

- Associate Member of the Case Management Society UK
- Registered with the Health and Care Professions Council
- Member of the Chartered Society of Physiotherapy
- Member of the Indian Association of Physiotherapy
- Member of the British Association of Brain injury & Complex Case Management
- Member of the Medico-legal Association of Chartered Physiotherapists

SPECIALISMS

- Acquired Brain Injury
- Amputation,
- Birth injury/developmental delay
- Brachial Plexus
- Cancer/oncology
- Cardiology
- Cerebral Palsy
- Challenging Behaviour
- Cauda Equina
- Chronic pain
- Gynaecology
- Hand and upper limb
- Industrial disease
- Major trauma
- Mental health
- Musculoskeletal
- Neurodegenerative disorder
- Orthopaedic
- Poly-trauma
- Respiratory
- Stroke
- Sensory impairment
- Soft tissue injury
- Tissue Viability/wound care

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BIOGRAPHY

Sai is experienced in the assessment of clients in hospital to facilitate early discharge to their own homes or into specialist rehabilitation centres prior to going home. She is knowledgeable of clients' needs in order to make this a safe and effective transition including OT equipment, care packages that need to be in place, nursing team requirements and rehabilitation goals. She is experienced in the assessment of clients who benefit from treatment with Functional Electrical Stimulation and Bioness for Lower Limb. She has experience of setting up complex packages of care where future at home support is required.

Sai has clinical experience of working with clients with long-term persistent pain and identifying and working with clients who show early signs of developing unmanageable pain as well as those with multiple fractures, visceral damage and neurological deficit. She has experience of coordinating rehabilitation alongside a number of professions. She is able to identify mental health concerns and refer clients to appropriate services including psychotherapy where low mood and emotional and sleep disturbances provide barriers to rehabilitation.

Sai has experience of return to work planning and implementation and is knowledgeable of appropriate liaison with employers and occupational health teams, adjustments and reintegration goals based on a client's functional abilities. She is also knowledgeable of and experienced in working with athletes and sports players and has sound knowledge of sporting injuries. Through additional training, Sai also has knowledge and experience of low level SALT and nursing assessments and is connected within the community to make the appropriate referrals where necessary. She has worked alongside support services and equipment and aid providers including prosthetic clinics, housing associations and council run services.

Sai has an intensive knowledge and experience in managing 26 bedded specialist rehabilitation unit as a clinical lead. Sai completes their initial assessment and creates care plan to cover nursing, occupational therapy, physiotherapy, SALT, rehab assistant. She makes prompt onward referral for district and tissue viability nurse for wound and pressure ulcer related care. She conducts regular multi-disciplinary meeting (MDM) with neuro and medical consultant along with the full team of multi-disciplinary team of professionals. She has transferred these skills into case management in managing ABI, congenital neurological, other neurological cases i.e., stroke, complex multi-trauma cases, orthopaedic, surgical and medical cases.

Sai has worked with CP paediatrics and neuro congenital condition intensively as a neuro-physiotherapist in private practice with Neurofunction both in the community and rehab unit. Sai has experience in coordinating their care and rehab goals with MDT and schools.

Furthermore, As a case manager she has experience in supporting the family to identify the right property with appropriate adaptation, setting up gym, care package to meet the needs of the client and therapy team including personal trainer, English and Mathes tutors to optimize the client's educational needs and boost their confidence in school.

Sai had completed the Botox injection therapy course for spasticity management and has the knowledge to identify the need for such intervention, quick to make onward referrals and works closely with medics and therapist to get the best result following the Botox treatment.

Sai strongly believes in evidenced based practice and actively involved in using 'Functional Electrical stimulation' (FES) and Bioness for neurological condition which helps clients to regain their functional activities i.e., able to feed themselves if used in upper limb and able to regain their mobility if used appropriately in lower limbs hence promoting their independence in activities of daily living.

Sai has a special interest in acquired brain injury and cerebral palsy with vision impairment and standalone vision impairment due to medical negligence or RTA.