



Sarah Fisher

**Registered General Nurse
Case Manager**

Specialisms:

- Brain Injury
- Spinal Injury
- Amputees
- Autism & Learning Disability
- Behavioural Management
- Cerebral Palsy
- Complex Manual Handling
- Poly Trauma/Orthopaedic Injury
- Chronic pain/Pain Management
- Life Limiting Conditions
- Managing Care Teams
- Neurological Rehabilitation
- Psychological Conditions
- Sensory impairment

Contact

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Case Studies:

"One of Sarah's clients is wheelchair-bound and enjoys outdoor activities but has medical limitations. Sarah sourced a wheelchair-accessible swing from Denmark, which now allows them to spend time in their garden with their support workers."

"Sarah supported a client who had a stroke post-pregnancy in identifying aspirational goals. The client enjoys exercise and needed confidence building. Sarah suggested the "Up and Over the O2" activity, which the client later completed with her husband and daughter, describing it as a thrilling and personally meaningful achievement."

Biography:

Sarah is an exceptional professional with a wealth of experience in nursing and case management with a genuine commitment to providing high-quality care. Her extensive background in various healthcare settings both in acute hospitals and the community, including working with clients (inmates) at HMP services with addiction and counselling services, coupled with her specialised expertise in areas like complex care at home and disability assessment, make her an asset in the field of case management.

Her emphasis on collaboration and person-centred care reflects a compassionate approach that prioritises the needs and preferences of her clients. By involving clients, their families, and other professionals in the decision-making process, she ensures that care plans are tailored to individual circumstances and promote the best possible outcomes.

As a case manager, Sarah's collaboration-oriented philosophy emphasises working closely with clients, their families, and other professionals to achieve optimal outcomes. This approach is particularly valuable when dealing with conditions such as brain injury, complex disability, social difficulties, and cerebral palsy. Her ability to manage a wide range of conditions reflects her comprehensive knowledge and practical skills.

Moreover, her experience in conducting investigations and leading safeguarding procedures demonstrates a commitment to upholding ethical standards and ensuring the safety and well-being of vulnerable individuals.

Communication is a key strength for Sarah. Her commitment to effective communication, both within her teams and with colleagues, contributes to a seamless flow of information. This is crucial in the case management setting, where timely and accurate information can significantly impact client care.

Overall, Sarah's dedication, expertise, and holistic approach, particularly in areas involving complex care and disability management enable her to utilise her experience for the benefit of her clients.

Hobbies and Interests

Sarah enjoys scuba diving, having achieved her Master Scuba Diver qualification, as well as travelling both abroad for diving adventures and across the UK with her husband and dog. She also enjoys golf, reading, and staying active through regular exercise.

Testimonials

"Sarah is very kind and helpful and she is funny and makes me laugh. Sarah has a good heart."

"I have found Sarah extremely supportive of everything that I do, and is encouraging of any ideas that I have. Sarah is extremely knowledgeable and approachable and is an excellent advocate for both Shannon and I and has improved Shannon's life by acting in a way that facilitates Shannon's hopes and wishes and works in a way that makes them happen."

