

RACHEL CULYER Dip OT

Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

- ⌄ Litigation Trained
- ⌄ Complex Conditions
- ⌄ Mental Health
- ⌄ Brain Injury
- ⌄ Learning Difficulties
- ⌄ Orthopaedic Injury
- ⌄ Poly Trauma
- ⌄ Neurological Rehabilitation

RACHEL SAYS:

"I am dynamic, innovative, and committed to client's rehabilitation. Positive empowerment of individuals and building on their strengths is how I approach work with clients and colleagues to ensure best outcomes. Motivation is key to progress for everyone, and it is the same in rehabilitation. It is a privilege to walk alongside and advocate for people who have had life changing injuries."

BIOGRAPHY

Rachel is an HCPC Registered Occupational Therapist and a case manager with many years' experience working with a diverse range of clients with complex trauma. Her broad skill base and innovative approach ensures she can have an impact on key issues affecting individuals. Her focus is always to optimise client's function and participation in their meaningful activities of daily life. An extensive amount of clinical work coupled with a wide knowledge base allows Rachel to evaluate the most appropriate treatment options, including utilisation of statutory and private services. She uses multiple methods supported by evidence-based practice to build a complete understanding of client's needs.

Assessment and treatment are always undertaken in an holistic way, involving carers, families and significant others when appropriate. She utilises creative methods to support clients in decision making when identifying client centred goals. Being an advocate within the case management role is something she excels at. Her excellent communication skills ensure she is a highly effective case manager, particularly in coordinating and leading multi-disciplinary teams required for clients with highly complex needs. Collaboration is key to all her case management work.

Using a leadership style that empowers others is something that Rachel is passionate about and has been highly effective within a senior management role. The delivery of high-quality training is an area that has been key within Rachel's career, and she recognises the importance of this for the continued development of herself and others.

Rachel has previously been a lead within a safeguarding team, this required an attentive, caring and responsive approach. Balancing positive risk taking and individual choice alongside safety of individuals is something Rachel utilises in all case management practice.

