



Anna Watkiss

Clinical Lead - Senior Case Manager Practitioner Psychologist

PROFESSIONAL QUALIFICATIONS

- BSc in Psychology
- MSc in Occupational Therapy

CURRENT MEMBERSHIPS

- BABICM Advanced Member
- Registered Case Manager with IRCM
- HCPC Registered Psychologist
- Member of the British Psych. Society
- CMS UK - Full Member

GEOGRAPHICAL COVER

- Scotland/North East of England

SNAP SHOT

With over 30 years' experience working in the case management sector, Anna is TBL's Clinical Lead and a Senior Case Manager. She has taken an active part in writing BABICM's competencies, standards and ethical code and delivers these principles within her day to day practice with clients and staff. She is passionate about placing the client at the heart of all she does, empowering them and maximising their engagement in the rehabilitation process to achieve positive outcomes.

SPECIALIST AREAS

- Traumatic brain injury
- Complex injury/dual diagnosis
- Below knee amputation
- Community rehabilitation
- Outcome measurement
- SMART goal setting
- Competencies in case management
- Expert quantification reporting for ABI
- Reviewer for journal Brain Injury



01257 473 967/07501 479205



info@taniabrown.com



www.taniabrown.com



INVESTORS IN PEOPLE
We invest in people Gold



EXPERIENCE

Anna graduated from Stirling University in 1993 with an Honours degree in Psychology. She commenced her career working with Case Management Services (CMS) Ltd in 1994 as an assistant psychologist. This role involved carrying out neuropsychological assessments under supervision of a chartered clinical neuropsychologist and interviewing family members of individuals with traumatic brain injury. She improved her clinical skills working with clients with complex neurological issues by working at a private neuro-rehabilitation centre. In addition, Anna started working on building a database of published research in relation to brain injury. She also researched and maintained a database of costings to reflect the changing climate of disability issues.

Anna continued to develop her clinical skills working with clients and their families in the community as part of CMS Ltd (a case management and expert witness company). This involved ensuring the delivery of effective rehabilitation input, recruiting and staffing support worker packages, and working on meeting client-identified needs. In addition, in this role she worked on producing guidelines and protocols for working with individuals with traumatic brain injury and risk management strategies.

Anna continued her studies and completed her MSc in Occupational Psychology in 2003. At this time Anna also took on the supervision/line management of all case managers working for CMS Ltd. This involved regular supervision meetings to ensure best practice was adhered to and a quality service was provided. She continued to be involved in supervising case managers and was a director of the company until she left CMS Ltd in 2013.

Anna has been a Case Manager since 1998, managing clients who have sustained traumatic brain injury and other catastrophic injury who live in the community. She has worked with a range of adults and children with brain injury, adults with spinal cord injury, adults with below knee amputation, including those with complex needs. Anna works from the client's perspective, assisting those she works with to set and achieve their goals, applying evidence-based rehabilitation in the community.

Anna became a Chartered Occupational Psychologist in 2009. She is an Advanced Member of BABICM and in 2023, BABICM awarded Anna an Honorary Fellowship for outstanding contribution to BABICM. This was in recognition for all Anna has done to professionalise case management practice, including leading the development of the Competency Framework for BABICM produced in 2010, being part of the working group who wrote the Standards of Brain Injury Case Management document produced in 2012 and the BABICM, CMSUK and VRA joint Code of Ethics and Conduct in Case Management Practice in 2018 (revised 2020). Anna is also a full member of CMS UK and a Registered Case Manager with the Institute of Registered Case Managers (IRCM). Anna is a member of the IRCM Professional Development Committee and also a member of their fitness to practice panel. Anna is registered with the Health and Care Professions Council and is a member of the British Psychological Society. She is a regular reviewer of articles for the journal Brain Injury on quality of life issues, particularly after acquired brain injury.

Anna has significant experience of preparing Immediate Needs Reports and Quantification Reports. Since 2009, Anna has prepared expert reports for court in relation to care and case management for clients who have experienced a brain injury or below knee amputation. She has been instructed by both claimant and defendants.

Since 2012 Anna has worked for TBL as our Clinical Lead. In this role she is responsible for providing supervision to other case managers, including reviewing clinical effectiveness, clinical competencies and training/development needs and ensuring that all case managers work from a client goal-directed perspective. She is passionate about placing the client at the centre of what we do and maximising their engagement in the rehabilitation process. She is currently developing research into outcome measures in case management practice.

Anna continues to act as a Senior Case Manager and is happy to work on complex cases. She has a particular interest in co-ordinating community rehabilitation packages, and running rehabilitation programmes for individuals who have sustained brain injury or below knee amputation. Anna continues to be involved in expert care and case management reporting.

PUBLICATIONS

McKinlay, WW, Watkiss, AJ & Rooney, M. (2000). Rehabilitation after Brain and Spinal Cord Injury. In Personal Injury Major Claims Handling: Cost Effective Case Management eds. Goldrein, I, de Haas, M, & Frenkel, J. Butterworths, London.

McKinlay, W.W. & Watkiss, A.J. (1999). Cognitive and Behavioural Effects of Brain Injury. In Rehabilitation of the Adult and Child with Traumatic Brain Injury eds. Rosenthal, M, Griffith, ER, Kreutzer, JS, Pentland, B.

McKinlay, W.W. & Watkiss, A.J. (1996). Long-term Management. In Brain Injury and After: Towards Improved Outcomes. Rose, FD & Johnson, DA. John Wiley & Sons, Chichester.

McKinlay, W.W. & Watkiss, A.J. (1996). Social Behaviour. In The Blackwell Dictionary of Neuropsychology eds. Beaumont, JG, Kenealy, PM and Rogers, MJC. Blackwells Publishers, Oxford.