



Lizy Martin

Physiotherapist Case Manager

PROFESSIONAL QUALIFICATIONS

- Bachelor in Physiotherapy
- Adv Clinical Assessment Level 7
- Adv Pathophysiology Level 7
- Independent Prescriber V300 LSBU
- Pain Management Level 7 KCL

CURRENT MEMBERSHIPS

- HCPC
- CSP

GEOGRAPHICAL COVER

- South England
- London



01257 473 967



info@taniabrown.com



www.taniabrown.com

SNAP SHOT

Lizy is a Registered Neuro-Physiotherapist and Advance Clinical Practitioner with 20 years' experience in the adult health care sector. Lizy has practiced in both acute care such as ICU and inpatient and step-down units, and community-based such as community neuro rehab team, urgent response services and virtual ward settings with specialist experience in clients with complex care needs and urgent care needs. Moreover, Lizy has advance specialist neuro rehab skills and experience and skills in assessing neurological patients like SCI, TBI, stroke , setting client centred goals and empowering them to achieve their goals in the community.

SPECIALIST AREAS

- Neurological conditions (SCI, TBI, stroke, MD, PD)
- Complex orthopaedic & cardio-respiratory conditions
- Acute & emergency medicine
- Long term conditions management in community
- Assessment of complex conditions & discharge planning
- MDT working (20 years)
- Safeguarding in adults & children
- 18 years of experience in community setting, working with diverse group of clients



EXPERIENCE

Lizy holds a bachelor degree in Physiotherapy from India in 2000. She did her internship and placements in India which covered ICU, HDU , orthopaedics, neuro , MSK, cardio, respiratory , acute medicine, frailty , paediatrics in both inpatient and out patients settings.

Lizy has worked in private hospital as Senior Physiotherapist in acute settings in orthopaedics, MSK, neurology and respiratory medicine for 6 years straight after graduation. She moved to England in 2006 and worked in private sector as Physiotherapist working in the community and care home setting treating variety of patients, e.g: post-surgical, neurological, orthopaedics, frailty and dementia.

Lizy joined the NHS in 2009 to work as Specialist Neuro Physiotherapist in community neuro therapy team, Sutton and Merton Primary Care NHS Trust where she treated patients with complex neurological conditions, she was able to assess, set client centred goals and treat clients with different neurological conditions like SCI, MND, MS, Stroke, PD, TBI, PSP, MSA, cerebral palsy, mitochondrial disease, brain Tumour etc. She gained experience working in MDT setting, working closely with OTs, SALTS, psychologists, rehab assistants, consultants, GPs, social worker, safeguarding team, care agencies, case managers to manage complex care needs of neurological patients.

Lizy was able to progress in her career and worked as Clinical Lead Neuro Physiotherapist managing a team of 15 in stroke and general rehabilitation ward. She developed skills in managing complex discharge planning for patients with complex social and health care needs. She was able to work with a diverse population group in Barnet, which enabled her to develop experience and knowledge in managing client's needs in the community and plan for safe discharge from the inpatient unit. She has experience working with continuing health care team to assess client's needs to arrange for appropriate funding to manage their needs in the community. She has experience identifying client's needs and completing on wards referrals to specialist teams in the community. She has experience working with difficulty families and managing their expectations during discharge, she has training and experience in conflict resolution, and she is able to understand and solve problems of patients at high standards.

Lizy later went to work for Merton neuro rehab team for 7 years in 2016, where she worked as clinical lead and Advance clinical physiotherapist managing team of 20, she provided guidance and training to junior staffs to manage complex neurological patients in the community. She treated complex and very difficult neurological patients in the community using advance bobath approach to improve client's physical and social needs and support them to return make to work. She is trained in vocational rehab and understands the process of difficulty in getting back to work. she has worked with safeguarding team, IMCA, Health solicitors to provide support and safety for vulnerable patients in the community. She has gone far and beyond to work these patients; she is very passionate about neurological patients and their care in the community.

She has experience in setting goals with patients and motivating them to achieve their dreams. Lizy has vast experience working with MDT team and understands the need of MDT input in the community to case manage complex care needs of the patients. She has experience managing long term neurological conditions in the community, by maintaining patients' independence, improving quality of life.

Lizy is an advance clinical practitioner, She has acquired skills to complete advance clinical assessment to provide holistic assessment, identify health and social care needs in clients, she is also an independent prescriber and is able to prescribe medications for clients within her scope of practise.

She has experience working with frailty, respiratory, cardiac, neuro, orthopaedics, cancer, palliative patients in the patients, treating them virtually and in face to face. She has worked in urgent response community care team and also have worked in central remote monitoring hub, managing acute and complex conditions of clients in the community. She has experience working closely with Emergency Department, 111 and ambulance services, liaising with care agency, care homes, social workers, GP and Consultants and make sure the right support is provided for client.

Lizy also works as a private Physiotherapist and provides therapy for children and adults with cerebral palsy, adults with PD, arthritis, stroke and other conditions. She has been a trustworthy person and has been working with these clients for many years in the community.

Lizy is a very compassionate and kind persons, she has a great passion to work with neurological patients, she understands that the patients' needs are individualised and needs tailored approach to solve their needs and problems. She is a very experienced physiotherapist who has extensive knowledge, skills and experience working with neurological patients in the community and in acute settings. She has gained vast experience in case management of neurological patients by working as physiotherapist in neuro rehab team.

Overall, Lizy's diverse background makes her rapidly adaptable to new challenges and circumstances which makes working in different working environments and with a diverse caseload seamless. It enables her to be successful in the range of duties required of a case manager. Lizy has strong people, organisational and teamworking skills and always goes above and beyond for her clients. She has a key attention to detail and is highly responsive. She is both trustworthy and personable making her easy to communicate with.