



Charlotte Carter-Iyer

**BSc Hons Physiotherapy
Case Manager**

Specialisms:

- Traumatic Brain Injury/Brain Injury
- Neurological Rehabilitation
- MSK Polytrauma
- Managing Care Teams
- Complex Conditions
- Complex Manual Handling
- MLACP Introduction to Medio-legal writing

Case Studies:

"Charlotte supported a client in successfully returning to university following multiple injuries. Facilitating her re-engagement with education played a critical role in her rehabilitation. This proactive step enabled the client to redirect her attention from the traumatic incident and prolonged housebound period, towards rebuilding her identity and focusing on her future."

"Charlotte supported a spinal cord injury client who had been bed-bound for 18 months due to severe pressure sores. Through a coordinated, multidisciplinary approach, Charlotte facilitated a gradual progression for the client of sitting out of bed, carefully increasing the duration over time. This has enabled the client to begin leaving the house, which has had a significant positive impact on her mental health and overall quality of life."

Biography:

Charlotte is a highly skilled physiotherapist with 5 years of case management experience focusing on poly trauma and brain injury, and 16 years of extensive physiotherapy experience in both inpatient and community rehabilitation.

Her recent case management includes working with a high-level spinal cord injury client requiring 24/7 care at home, ensuring her rehabilitation team continue to set appropriate goals to improve her quality of life. As well as clients with complex orthopaedic injuries and those with cognitive and neurological impairment. She is a skilled assessor and experienced report writer.

Charlotte has expertly managed the full assessment and rehabilitation process for clients as a physio and as a case manager, dealing with a wide range of complex injuries and conditions, including brain injuries, spinal cord injuries, traumatic orthopaedic issues, and amputations.

As the owner of her own physiotherapy specialist practice, Charlotte has previously worked independently and taken on various complex contracts, often in leadership roles. Her experience spans multiple settings, including A&E, acute medical wards, trauma and orthopaedics, and community rehabilitation. She is well-versed in all aspects of rehabilitation, including managing intricate cases involving cognitive impairment, complex medical histories, complicated fractures, amputees, neurological rehabilitation following brain injury, and spinal cord injury recovery.

Charlotte excels at coordinating appropriate rehabilitation and care collaborating with a range of services to support the client's needs. She is passionate about supporting families and caregivers to offer effective support.

Charlotte is an experienced case manager, who employs a compassionate, client-centred approach, collaborating with clients and their families to provide robust support as they navigate the practical, physical, and psychological challenges of life-altering injuries.

Hobbies and Interests

"I love travelling and eating foods from around the world. I also love spending time with my family. I have also recently started to set myself physical challenges."

Contact

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