



Vrushali Shetye

MSc Physiotherapy: Case Manager



COMPASSIONATE



COMMITTED



CREATIVE



COLLABORATIVE



CLIENT CENTRED



CLINICAL EXCELLENCE

Specialisms:

- Brain Injury
- Psychological Conditions
- Behavioural Management
- Managing Care Teams
- Poly Trauma
- Complex Conditions
- Postural Management
- Neurological Rehabilitation
- Complex Manual Handling
- Learning Disability
- Sensory Impairment

Contact

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Vrushali says:

“ Every journey begins with a single step. ACM provides a nurtured environment at every step.

Client advocacy and fiscal responsibility are usually a tug of mixed opinions. This seems well under control when case managers are well supported by the wider team. ”

Case Studies:

- *Vrushali supported a 38-year old female who sustained complex knee fracture injuries and a mild head injury. She lived in the UK by herself, her family lived in Poland. Prior to the accident she visited her family every two to three months and enjoyed a variety of leisure activities including drum playing and regularly going to the gym. She worked full time as a café Manager. None of her normal activities were manageable following her accident and she required extensive rehabilitation which Vrushali organised and coordinated to return to her pre injury level of function.*
- *Vrushali was case manager to a 40 year old man who had sustained injuries after a fight. He was hit on head and sustained complex fractures of the tibia and fibula. The client had severe mental health issues and cognitive issues such as forgetfulness, poor memory and attention. This was a challenging and complex case due to the behavioural challenges and poor engagement in rehabilitation. However, with skilled case management support Vrushali was able to keep the client motivated with his rehabilitation and returning to work. She also supported him to navigate relationships with friends and family which became strained due to his changed behaviour. Carefully managed rehabilitation and support enabled the client to find work following his assault.*

Biography:

Vrushali is an experienced case manager, who has worked with a variety of clients with poly trauma. She is an accomplished senior neuro physiotherapist with over 17 years of experience working in the NHS and private practice.

She is adept at managing complex clinical cases involving a varied range of complex conditions by combining clinical expertise with meticulous case management. She is adept at managing a diverse range of stakeholders and budgets while vigilantly managing risks.

Vrushali has worked as a multidisciplinary health practitioner providing expert care and rehabilitation in the NHS, a case manager within social services and in a reablement service.

Her current role as an Associate Case Manager involves providing personalised case management for adults with complex disabilities and brain injuries ensuring they receive the necessary care, support, and rehabilitation. Vrushali is experienced in conducting thorough assessments and report writing.

Hobbies and Interests:

Reading crime and mystery novels, playing badminton and walking

Other languages

Hindi, Marathi

