



Fatimah Parkar

Physiotherapy Case Manager

PROFESSIONAL QUALIFICATIONS

- Masters in Physiotherapy - Loma Linda University California
- Bachelors in Physiotherapy - Maharashtra University

CURRENT MEMBERSHIPS

- HCPC
- CSP
- EWI
- CMSUK

GEOGRAPHICAL COVER

- London

SNAP SHOT

Following 20 years of experience as a physiotherapist, Fatimah has become an experienced Case Manager, honing her skills in both adult and paediatric healthcare settings. Her clinical expertise spans acute care environments and community-based services, allowing her to adeptly manage complex cases involving diverse patient populations. Fatimah's strong people management skills have consistently contributed to high-quality outcomes for her clients in both clinical and community settings. Fatimah also acts as a Physiotherapist Expert Witness and has completed her training from Cranfield University (CUBS) in Expert witness with Bond Solon.

SPECIALIST AREAS

- Adults, adolescents and paediatrics.
- Spinal cord injury.
- Acquired brain injury.
- Complex care needs.
- Amputations.
- Management of support worker teams.



01257 473 967



info@taniabrown.com



www.taniabrown.com



EXPERIENCE

Fatimah completed her Master's in physiotherapy in 2006 and has since built a diverse and extensive career working with paediatric, and adult populations. Her clinical journey has taken her through complex inpatient rehabilitation and community-based settings, where she has developed a profound understanding of patient care across different age groups and conditions.

Throughout her training, Fatimah undertook multiple placements each year, covering a wide range of specialties. This exposure allowed her to adapt to various clinical settings and develop a comprehensive skill set, including effective communication and teamwork within multidisciplinary teams.

Fatimah has extensive clinical experience spanning over two decades. With a foundation in physiotherapy and specializations in paediatrics and musculoskeletal therapy, she has developed a profound understanding of patient care and therapeutic interventions.

Following her graduation, Fatimah gained significant experience in complex inpatient rehabilitation, where she worked with patients requiring intensive and specialised care in adult and paediatric MSK and paediatric neurology. Her role involved collaborating closely with other healthcare professionals to create and implement effective care plans.

My journey in healthcare began over 20 years ago, during which I dedicated eight years specifically to paediatrics. This experience allowed me to hone my skills in addressing the unique needs of young patients, fostering an empathetic and nurturing approach. Subsequently, I transitioned to musculoskeletal therapy, working with both adults and children. This phase of my career expanded my expertise in managing a variety of conditions, from sports injuries to chronic pain, and equipped me with a holistic understanding of physical rehabilitation.

She worked with children with special needs and musculoskeletal cases. Following this she worked in a private clinic in London and her client base consisted of vestibular, musculoskeletal, paediatrics and neurology. In the community, Fatimah continued to support patients with diverse needs, ensuring continuity of care and facilitating their rehabilitation journey this was based in London and involved paediatric case load. Fatimah continues to work with at a general practice part time as a First Contact Physiotherapist.

In addition to my clinical practice, I have served as an expert witness, completing rigorous training with Bond Salon. My role as an expert witness has involved providing credible and insightful testimony, underpinned by my thorough understanding of physiotherapy and patient care. I am also in the process of completing my degree in expert witness from Cranfield University, which has further enhanced my analytical and communicative abilities, crucial for a Case Manager.

Fatimah's commitment to continuous learning and professional development has been evident throughout her career. Whilst she was studying her masters in California, she has completed specialised training in vestibular rehabilitation, enhancing her ability to treat patients with balance disorders. Her work with paediatric patients has also been a significant aspect of her career, allowing her to address the unique challenges faced by children in need of physiotherapy.

In addition to her clinical expertise, Fatimah has demonstrated strong project management and leadership skills. She has successfully managed complex cases, coordinated care plans, and mentored junior staff, contributing to the overall improvement of patient care and team performance. Her ability to work under pressure, think critically, and adapt to new challenges has been instrumental in her success as a physiotherapist and case manager.

Overall, Fatimah's diverse background and extensive experience make her a highly adaptable and skilled professional. She is dedicated to providing the highest quality of care to her patients, always striving to meet their needs with empathy and professionalism. Her strong organisational and people skills, combined with her clinical expertise, enable her to excel in various healthcare settings and effectively manage complex cases.

Fatimah's motivation stems from her dedication to providing holistic care, ensuring that each patient's unique needs are met with compassion and expertise. Her personal background and professional experiences have given her valuable insights into managing complex cases, both in hospital environments and within the community.

Over the past 2.5 years, I have gained significant experience as a Clinical Case Manager. In this role, I have successfully managed a caseload that includes catastrophic injuries and head injuries. My responsibilities have encompassed developing comprehensive care plans, coordinating with multidisciplinary teams, and providing compassionate support to patients and their families throughout their recovery journey. This role has not only strengthened my case management skills but also highlighted my ability to navigate the complexities associated with severe injuries and long-term rehabilitation.

In her role as a case manager, she has successfully coordinated care plans for clients with intricate needs, working collaboratively with multidisciplinary teams to ensure comprehensive care. Her background also includes strong project management and change management capabilities, which have been instrumental in driving improvements in patient care and team performance. Additionally, Fatimah has completed her training in expert witness from Cranfield University, further expanding her professional capabilities and enabling her to provide expert testimony in legal cases related to her field.

My extensive clinical background, coupled with my experience as a case manager, has equipped me with a unique skill set that aligns well with the demands of this position. I bring a deep understanding of the healthcare system, a commitment to patient advocacy, and a track record of successful case management. My approach is patient-centred, ensuring that the care plans I develop are tailored to the individual needs of each patient, fostering their recovery and well-being.

Moreover, my experience as an expert witness has refined my ability to analyse complex cases and communicate findings effectively, skills that are invaluable in case management.