



Based In: Nottingham
Background: Physiotherapy
Joined RWW: November 2024
RWW role: Case Manager
Works with: Adults & Children

REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

CONDITIONS MANAGED

✓ MSK/Sports injuries	✓ Neurological rehabilitation
✓ Physical disability	✓ Complex orthopaedic injury
✓ Spinal injury	✓ Amputations
✓ Joint replacements	✓ Acquired brain injury
✓ Mental health	✓ Auditory and visual impairment

KEY SKILLS & EXPERIENCE

✓ Personalised rehab programmes	✓ Detailed clinical assessments
✓ Managing emotionally challenging situations	✓ Securing statutory and independent funding
✓ Working with MDTs	✓ Safeguarding
✓ Excellent communication	✓ Onward referral to specialists
✓ Working in a person-centred approach	✓ Equipment/walking aid prescription

PREVIOUS EXPERIENCE

Louise prides herself on providing a client-centered rehabilitation plan, that ensures all involved are heard and understood. The development of realistic goals with the client and their families is of the utmost importance to her, helping them navigate their case management journey and utilising both statutory and private services where necessary.

Prior to joining Rehab Without Walls, Louise worked for 10 years as a musculoskeletal and rehab physiotherapist and clinical lead within private hospitals and outpatient clinic settings. She has been able to build on her communication, assessment and treatment skills whilst working in Singapore with medical and rehab patients from 2015-2018. Working with a diverse and varied caseload over Louise's physiotherapy career has encouraged her to be flexible in her approach with each client and think outside the box when treating to ensure the best for everyone.

In 2022, Louise began her career as a case manager, predominantly working with complex orthopaedic, amputee, and mild acquired brain injury clients. She has been able to transfer her

physiotherapy assessment and management skills to best support her clients and aid them in setting realistic rehabilitation goals.

Louise believes in building a strong therapeutic relationship with her clients and their families, allowing them to feel supported and advocated for.

PROFESSIONAL QUALIFICATIONS

- BSc (HONS) Physiotherapy degree 2:1 – University of Brighton 2011

CAREER HISTORY

- Bridge Case Management Case Manager 2022 - 2024
- Total Physiotherapy Ltd Regional Clinical Lead & Senior Physiotherapist 2019 - 2022
- Response Physiotherapy Level 2 Physiotherapist 2018 - 2019
- Urban Rehab Ltd – Singapore Senior MSK Physiotherapist 2016 - 2018
- Changi General Hospital – Singapore Rotational Physiotherapist 2015 – 2016
- Spire Thames Valley Hospital Inpatient/outpatient Physiotherapist 2014 – 2015
- Halsa Chiropractic and Physiotherapy Clinic Physiotherapist and Pilates Instructor 2013 – 2014
- MSK Physiotherapist 2012 - 2013

PROFESSIONAL MEMBERSHIPS

- HCPC – Health & Care Professions Council
- BABICM – British Association of Brain Injury & Complex Case Management - Advanced Member
- CMSUK – Case Management Society UK



OTHER ACTIVITIES

Louise enjoys being active with Pilates, hiking, and her daily walks with her dachshund Murphy and she has recently taken up running. Over the years, Louise has taken advantage of opportunities to travel and use her creative skills for photography whilst visiting various countries.

CONTACT

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