

LUCY COULSON MSc OT (Pre Reg)

Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

- ⌘ Brain Injury
- ⌘ Adults and Young People
- ⌘ Amputees
- ⌘ Behavioural Management
- ⌘ Complex Conditions
- ⌘ Complex Manual Handling
- ⌘ FND
- ⌘ Housing Assessments and Adaptations
- ⌘ Life Limiting Conditions
- ⌘ Mental Health
- ⌘ Neurological Rehabilitation
- ⌘ Orthopaedic Injury
- ⌘ Pain Management
- ⌘ Poly Trauma
- ⌘ Postural Management
- ⌘ Psychological Conditions
- ⌘ Sensory impairment

LUCY SAYS:

“I use a holistic, strengths-based approach to assessment with clients to help identify occupational deficits and enable them to devise achievable goals to participate in meaningful activities. This could incorporate pathways such as rehabilitation, compensatory strategies, lifestyle advice, or adaptations to their environment.”

BIOGRAPHY

Lucy is an imaginative and adaptable HCPC Registered Occupational Therapist with broad range of expertise and extensive experience working in community settings with adults of working age and older people with complex physical, emotional and social needs. This includes adults with physical disabilities, neurological conditions, frailty, dementia, learning disabilities, neurodivergence and mental health issues.

She has worked in many different health settings, such as the NHS, independent sectors, and private practice. Her experience includes working within multi-professional teams and assisting with the management of large teams of professionals, case coordinators and administrative staff.

Lucy provides advanced clinical assessment and targeted evidence-based solutions for a range of conditions, implementing community-based assessments and rehabilitation focused interventions for those experiencing acute or chronic physical, neurological or mental health conditions.

Lucy is highly proficient in assessing people handling, completing risk assessments and identifying appropriate equipment to support optimal care input. She has extensive experience in posture management and specialist equipment including seating, sleep systems, transfer and mobility aids. She also has comprehensive knowledge and experience in providing housing advice and recommendations for major adaptations.

She is a specialist in cognitive and functional assessment of people with dementia using standardised and non-standardised assessment tools and has a special interest in telecare and assistive technologies and how these can empower and maintain dignity.