



## **Jessica Lagerstedt**

### **CASE MANAGER**

#### **QUALIFICATIONS**

Masters in social science (MSc)  
- Social Work

#### **AGES COVERED**

Adults 18 and over

#### **SPECIALISMS**

Orthopaedic  
Major Trauma  
Neurodegenerative disorders  
Brain Injury  
Mental health  
Challenging behaviour

#### **LOCATIONS**

London/Greater London

#### **LANGUAGES**

English, Swedish, Finnish



**BROWNBILL**  
CASE MANAGEMENT SERVICES

## **BIOGRAPHY**

Jessica Lagerstedt is a qualified social worker registered with Social Work England, with a decade of experience specialising in adult social care, and she brings almost five additional years of case management expertise to her role. With a strong foundation in managing complex cases, she has gained extensive hands-on experience in dealing with major trauma, orthopaedic injuries, and neurodegenerative disorders, acquired brain injury, and spinal cord injury. Jessica's background in social work, combined with her case management skills, makes her adept at understanding the needs of her clients and working within multidisciplinary teams to achieve optimal outcomes.

Jessica is passionate about collaborating closely with clients families and other clinical team members to create tailored rehabilitation programmes and support safe recruitment.

Her work in social care has refined her ability to conduct thorough assessments, set achievable goals, and manage complex cases in ways that support her clients independence. She has a strong commitment to client-centred care, approaching each case with a holistic, multidisciplinary perspective to ensure comprehensive support provision.

Her transition into case management was driven by a desire to expand her capacity to advocate for clients, particularly in the private sector, where she finds the freedom to recommend more flexible and responsive care solutions. With her experience in neuro-rehabilitation and managing high-stakes situations, her proficiency in navigating both statutory services and crisis interventions enables her to guide clients effectively through complex health and social care pathways.

**BIOGRAPHY continued...**

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## **BIOGRAPHY continued**

In addition to her technical expertise, Jessica is multilingual, speaking English, Swedish, and Finnish, which enhances her ability to communicate with diverse client groups. Her professional credentials include a Bachelor's in Social Science and a Master's in Social Psychology from Helsinki, alongside specialised qualifications such as the Care Act 2014 and Mental Capacity Act. Jessica is well-prepared to support clients through compassionate, informed, and efficient case management.