



Based In: Milton Keynes
Background: Mental Health Nursing
Joined RWW: April 2025
RWW role: Case Manager
Works with: Adults & Children

REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

CONDITIONS MANAGED

✓ Acquired brain injury	✓ Mental health
✓ Cerebral palsy	✓ Complex orthopaedic injury
✓ Spinal injury	✓ Learning disability
✓ Amputations	✓ Auditory & visual impairment
✓ Persistent vegetative state	✓ Autism/ADHD

KEY SKILLS & EXPERIENCE

✓ High risk clients	✓ Assessing mental capacity
✓ Equipment & environmental adaptations	✓ Securing statutory funding
✓ Working in a person-centred approach	✓ Managing emotionally challenging situations
✓ Conducting comprehensive assessments	✓ Multi-disciplinary working

Sarah has extensive experience and knowledge of working with a range of client groups in a variety of settings. She uses a person-centred approach and enjoys building a rapport with her clients, families, and professionals and working collaboratively with them.

Sarah has excellent problem-solving skills and is resourceful and adaptable. She is adept in completing holistic assessments and uses critical reasoning to ensure that the most appropriate support, and outcomes are achieved for her clients.

Compliment from client

"Sarah was a pleasure to have support from during a very traumatic time in my life. She was always very approachable and easy to talk to when supporting me through my physical and mental health needs. Nothing was ever too much trouble and she was always considerate, empathetic and understanding and made me feel comfortable confiding in her with subjects that were embarrassing or taboo. She was invaluable in sorting out appointments for me and offering words of support and would always find time to listen"

PREVIOUS EXPERIENCE

Sarah has over 15 years' experience as a Mental Health Nurse and has also worked as a Clinical Case Manager for 9 months in 2023. During this time, she worked with clients with Acquired Brain Injury, Spinal Cord Injury and children with Cerebral Palsy.

In her previous roles, Sarah has worked with adolescents, adults and older adults, predominantly in community settings. She has developed skills in managing high-risk complex clients in the community and in assessing risks, identifying needs and implementing care plans.

Sarah has supported clients under the Mental Health Act, and Deprivation of Liberty safeguards and has completed Mental Capacity assessments. She has extensive knowledge of the Care Act and experience in applying for CHC funding and benefits and in accessing support and care packages.

PROFESSIONAL QUALIFICATIONS

- BSc(Hons) Mental Health Nursing (Coventry University) 2009

CAREER HISTORY

- Central North West London NHS Trust, Primary Care Plus, Milton Keynes
Primary Care Mental Health Practitioner, 2023 – 2025
- Amy Iddon Case Management, Bedfordshire, Clinical Case Manager 2023
- Central NW London NHS Trust, Assertive Outreach Team
Community Psychiatric Nurse (CPN) 2020-2023
- 2gether NHS Foundation Trust, Gloucester, Senior Perinatal MH Nurse 2018-2020
- NHS Grampian, Aberdeen, Community Mental Health Team, CPN 2012-2018
- Coventry and Warwickshire PT, Warwickshire, CPN 2009-2012

PROFESSIONAL MEMBERSHIPS

- NMC –Nursing and Midwifery Council
- BABICM – British Association of Brain Injury & Complex Case Management - Advanced Member

OTHER ACTIVITIES

Sarah enjoys family walks and reading in her spare time. She also enjoys travelling and soaking up different cultures. Sarah is actively involved in her children's football clubs, and volunteers as a Trustee for the local preschool and for Local Beavers and Cubs groups.

CONTACT

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