

SONIA PIKE BSc (Hons) Physio, PGCert MedEd

Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

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|--|-------------------------------|
| ↻ Children and Young People | ↻ Managing care teams |
| ↻ Acquired Brain Injury | ↻ Autism |
| ↻ Cerebral Palsy | ↻ ADHD |
| ↻ Behavioural Management | ↻ Amputee |
| ↻ Complex conditions | ↻ Life limiting conditions |
| ↻ Postural Management | ↻ Learning disabilities |
| ↻ Poly Trauma | ↻ Orthopaedic injuries |
| ↻ Early intervention | ↻ Sensory impairment |
| ↻ Assistive Technology | ↻ Complex moving and handling |
| ↻ Augmentative & alternative communication | |

SONIA SAYS:

"I am committed to working alongside children, young people, and their families to support lives that are meaningful and important to them. My approach is grounded in respect and collaboration, focusing on what truly matters to each individual and their family."

BIOGRAPHY

Sonia is an experienced HCPC registered Physiotherapist with over 20 years clinical practice. She is passionate about supporting children and their families to thrive specialising in paediatric neuro-disabilities. Her clinical practice is grounded in evidence-based, family-centred care, with a focus on early intervention, goal-based rehabilitation, and functional outcomes.

Sonia brings a thoughtful, collaborative approach to clinical planning and team working, shaped by experience across settings – from neuro ICU in a London teaching hospital, to both specialist ABI inpatient rehab and independent community rehab. Sonia has years of leading multidisciplinary teams, working alongside families, therapists, educators and carers, building trusting relationships and advocating for practical family centred solutions.

After graduating from King's College London in 2004, Sonia spent five years at St George's Hospital London, before spending the next 5 years at The Children's Trust in Surrey. Sonia joined the charity Pace in 2013, where she currently supports the development of their sessional therapy services. Over the last three years Sonia has provided clinical insights, representing user perspectives in the design and development of assistive technologies ensuring children's needs are central to the design and implementation of new products, both through a research role at GripAble and with several external projects.

As a case manager, Sonia will combine her clinical insights, research and teaching background, with a practical understanding of how services can work together to help families navigate complex pathways and access coordinated meaningful support.

