



Denika Mullings

Case Manager

Denika is an Occupational Therapist with over 10 years' experience working with a diverse range of clients with needs including spinal cord injuries, acquired brain injury, neurological conditions, cognitive impairment, mental health challenges, and learning disabilities. Denika's approach to case management is holistic and client-centered, ensuring that each client remains at the heart of their rehabilitation journey. Denika combines empathy with clinical reasoning to effectively address the complex challenges her clients encounter throughout their rehabilitation journey.

Denika is responsible for conducting initial needs assessments, coordinating tailored therapy and rehabilitation programmes, recruiting and managing support staff, overseeing packages, and working closely with clients' families to ensure comprehensive and cohesive care.

Specialisms

- Managing support packages including 24-hour care.
- Complex Orthopaedic Injuries
- Brain Injury
- Spinal Cord Injury
- Neurological Conditions

Professional Qualifications

- Occupational Therapist HCPC registered

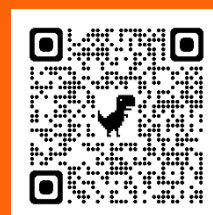
Memberships

- British Association of Brain Injury Case Managers (BABICM)
- Health Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)



Contact

[Visit our website](#)



Call 0114 229 0100



Experience

Early in her career, Denika built a strong foundation through hands-on experience as a personal assistant supporting clients with spinal cord injuries. As Denika's career progressed, she gained a variety of experience as a qualified Occupational Therapist. Denika brings a diverse background working across public and private sectors, including local councils, the Department for Work and Pensions (DWP), and independent practice.

Denika specialises in conducting comprehensive, holistic assessments; creating tailored care and rehabilitation plans for clients with a wide range of complex needs. Denika's experience has included clients with traumatic injuries, acquired brain injury, and progressive neurological conditions.

Denika's approach is client-centered, clinically informed, and outcomes-focused. Denika works collaboratively with multidisciplinary teams, families, and external providers to ensure that each care package is effective, responsive, and aligned with the client's goals.