



Esther Southern

Case Manager

Esther is an Occupational Therapist with over 15 years' experience of working with a variety of clients including those with Acquired Brain Injury and those with both physical and mental health needs. Her approach to case management is conscientious and thorough with the client at the forefront of everything she does. Empathy and clinical reasoning guide Esther through the wide range of challenges that face our clients through their rehabilitation pathway.

Esther is responsible for initial needs assessments, co-ordinating bespoke therapies and rehab for her clients, as well as the recruitment, induction, supervision and management of support staff, monitoring of rehabilitation packages and working with the client's family.

Specialisms

- Managing support packages
- Co-ordinating multi-disciplinary teams
- Registered occupational therapist with HCPC
- Severe and enduring mental health conditions
- Amputee
- Brain Injury
- Neuro rehabilitation

Professional Qualifications

- Occupational Therapist HCPC registered
- Brain Injury safeguarding

Memberships

- British Association of Brain Injury Case Managers
 - Health Care Professions Council (HCPC)
 - British Association of Occupational Therapists
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Contact

[Visit our website](#)



Call 0114 229 0100

Experience

Esther has worked in the field of severe and enduring secure mental health conditions, addiction, Brain Injury (Headway UK), Veteran rehabilitation and with councils assessing and implementing clients equipment and adaptations. She qualified as an occupational therapist in 2010 and has worked both in the NHS, councils and privately with varied clientele.

Esther has worked in and co-ordinated multi disciplinary teams ensuring the correct care and support is provided for the client, whilst also completing several specialised courses to enhance skills to work with clients who have challenging behaviour and communication styles, she ensures personalised communication styles are utilised for each of her clients.

Whilst working within Local Authorities, Esther specialised in Brain Injury, establishing her client's needs and liaising with architects and multidisciplinary teams to design the highest quality surroundings for the client whilst also ensuring the family are fully aware of decisions throughout the process. Esther is committed to a high level of service to clients and their families throughout the case management process, establishing a great rapport with those she works with.

As a result of her career experiences Esther developed an interest in neurological rehabilitation. The role has included carrying out detailed initial assessments of need, developing treatment programmes, establishing client centred goals. Establishing connections with statutory services, professional agencies and ensuring community services are holistic but client specific.

