



John Coulson

Occupational Therapist Case Manager

Specialisms:

- Poly Trauma
- Complex condition management
- Support team management
- Care planning/management
- Neurological rehabilitation
- Learning disability
- Long term community management
- Inpatient/community mental health
- Family Therapy
- Psychological conditions

Contact

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Case Studies:

"John worked in a neurorehabilitation setting with a male client who sustained an acquired brain injury resulting in significant memory loss compounded by a deterioration in mental health as a result. John was able to liaise and collaborate with the multidisciplinary team to develop and deliver a programme to address use of memory aids, structuring of tasks and activities of daily living, working with family to manage expectations, deliver structured therapy sessions, and to explore social inclusion opportunities, to improve function and wellbeing."

"John has worked as a Family Therapy team member contributing to and delivering therapy sessions including goal setting, challenging existing behaviours and attitudes, identifying and applying coping techniques, applying person centred care/goal identification, reviewing, and liaising with the multidisciplinary team in order to promote/achieve therapeutic benefit."

Biography:

John is an experienced Occupational Therapist with experience of applying assessment frameworks to multiple physical health conditions including neurological, cognitive/learning, orthopaedic, burns, pain related conditions. He also has extensive experience within mental health settings and in the benefits analysis sector. John has a strong commitment for delivering the highest standards of client care, a strong belief in effective advocacy, and excellent communication skills.

His extensive clinical experience spans both inpatient and community settings, undertaking needs led assessments, developing personalised care plans, and collaborating with healthcare professionals to ensure the delivery of patient centred comprehensive client care. John utilises creativity and a flexible approach to address presenting problems.

John is a dedicated clinician and has both NHS and private health care experience. He enjoys challenges presented by cross boundary and multi-agency collaboration. He strongly advocates for clients through his case management and believes this is a fundamental part of effective care delivery.

In his case management work John draws on his clinical insight, strong MDT coordination skills, and unwavering commitment to patient advocacy. He brings a calm, organised, and collaborative approach to complex rehabilitation planning and is passionate about achieving meaningful outcomes for everyone.

Hobbies and Interests

John enjoys gardening, he has a general certificate in horticulture from the Royal Horticultural Society.