

Kate Blythe BSc, MSc, MCSP
Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

- ABI
- Spinal Injury
- Neurological Condition
- Complex Conditions
- Postural Management
- Sensory impairment

KATE SAYS:

“My experience has provided me with a greater insight into the complexities people live with after injury which allows me to compassionately advocate for clients. I take pride in providing high quality care alongside the wider WCM team, ensuring effective delivery of intervention.”

BIOGRAPHY

Kate is an experienced HCPC registered specialist neurological physiotherapist, with a background spanning acute, sub-acute, outpatient and community settings across both the NHS and private sectors. She has extensive experience working with individuals with severe and complex neurological conditions, including severe brain injury/ prolonged disorders of consciousness, spinal cord injury, peripheral nerve injury, and vestibular and post-concussion presentations.

Her clinical expertise underpins her ability to lead and coordinate multidisciplinary rehabilitation, ensuring timely referrals to the most appropriate stakeholders and delivering positive, client-centred outcomes. Kate is highly skilled in holistic assessment, collaborative goal setting and the development of comprehensive rehabilitation plans, drawing on a strong understanding of statutory, medicolegal and community pathways.

As an evidence-based practitioner, Kate remains up to date with the latest clinical guidelines and applies a 24-hour approach to rehabilitation, considering care teams, environmental set-up, equipment, and meaningful activity to optimise functional recovery and quality of life.

Kate builds rapport quickly with clients and families, using compassionate communication and active listening to foster strong therapeutic and professional relationships. She brings a calm, organised and adaptable approach to complex case management, advocating consistently for safe, coordinated and effective rehabilitation.