

ALEX LAIDLER BSc (Hons) OT Case Manager

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INTEGRITY • COMPASSION • PROFESSIONALISM • COLLABORATION • QUALITY • SUSTAINABILITY

SPECIALISMS:

- ❖ Complex & Multi-Agency Rehabilitation & Case Management
- ❖ Housing Assessments & Adaptations
- ❖ Psychological Conditions
- ❖ Mental Health
- ❖ Neurodivergence – autism ADHD, PDA
- ❖ Life-Limiting & Palliative Conditions
- ❖ Learning Disability
- ❖ Wheelchairs, special seating, postural care
- ❖ Care & Support Planning
- ❖ Equipment, Adaptations & Assistive Technology
- ❖ Young People & Adults
- ❖ Manual Handling

ALEX SAYS:

“The best outcomes come from bringing the right people together — professionals, families and providers and working through complexity with honesty, transparency and co-production, so that a person's choice, control and rights stay at the very centre of every decision.”

BIOGRAPHY

Alex is an HCPC Registered Occupational Therapist with over 30 years of clinical, operational and strategic experience across the NHS and local government, most recently as Head of OT Services and at Essex County Council — one of the largest and most complex adult social care systems in England. Alex brings a rare combination of deep clinical grounding and senior system leadership, having led multi-disciplinary and multi-agency teams through highly complex thinking and decision making to achieve the best outcomes.

Alex's expertise centres on supporting choice and control for people living with profound, multiple disabilities in the community, and planning bespoke, highly personalised care and support. She has expertise in the Mental Capacity Act, safeguarding, and complex case governance and has led teams of all rehabilitation, therapy, and social care professionals to deliver high-quality care and support. She has led practice in learning disability, autism, mental health, sensory integration and neurodiversity, always working to uphold people's choice, control and rights. Alex will hold professionals to account for providing high-quality assessments and interventions that balance people's needs, choice, and risk, to align with intended outcomes and timescales. She will do so with clarity, compassion, understanding, and coordination between clients, carers, and professionals.

Collaboration sits at the heart of Alex's approach. She is skilled at bringing together professionals, families, providers and commissioners around a shared plan with a strong emphasis on ownership, accountability and transparency in every decision.

Alex is particularly valued for her ability to build trusted relationships with people and their families even in the most complex and challenging circumstances, and for holding a whole-system view while never losing sight of the individual. Her recommendations and interventions are always grounded in what matters most to the person, ensuring strategies are co-produced and outcome-focused.

